



St. Thomas a Becket Nursery School

3 Tutts Barn Lane
Eastbourne
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Registered Charity No. 1097448

Dear Children, Parents and Carers,

Nursery hours, Holiday and Inset Day dates:

Children can come to Early Bird club from 8.30am for a small charge of £2.00, or from 8.45am for just £1.00. We have to be very strict about finishing at 3.00pm as this is when we are OFSTED registered until. **We cannot provide childcare after 3pm.**

We break for the Summer Holidays on Wednesday 20th July 2022. **Wednesday 20th July will be our last day at nursery until we return on Monday 5th September.** We have a nursery inset day on Thursday 21st July so on that day nursery will not be open.

To give you plenty of advance warning, our Nursery Inset (training) Days for next nursery school year will be:

Thursday 1st September 2022 (in which we will be attending whole team Safeguarding and Child Protection Training).

Friday 2nd September 2022

Friday 21st July 2023

Useful Tips for Holiday periods:

Picnic thoughts: Ideas for healthy packed lunches

See www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/

Choking hazards food safety advice for the under 5's (taken from FSA – food.gov.uk)

Ensure that young children are alert and seated safely upright whilst eating.

Young children should be supervised at all times while eating.

Teach children to chew food well and take their time during meals.

Remove stones from fruits, cut small round fruits like grapes, cherries, strawberries, cherry tomatoes lengthways and then again in halves (so they are in quarters for the child).

Cut large fruits, like melon, into slices instead of chunks

Cut sausages etc into short strips lengthways.

Remove bones from meat or fish

Whole nuts should not be given to the under 5's.

Cut bread items into narrow strips (bread can form a ball shape at the back of a child's throat if not chewed properly).

Do not give under 5's popcorn, chewing gum, marshmallows, raw jelly cubes, ice cubes or boiled/hard/ goeey sweets.

Sun Safety:

See www.nhs.uk/conditions/baby/first-aid-and-safety/safety/safety-in-the-sun

The Children's day at nursery:

Nursery use 'Tapestry' as their online diary to share children's learning and photos with families. Please continue to view your child's day and communicate with us through this

useful App.

Nursery Allotment and School Field

We have been making good use of the allotment and school field this term as outdoor classrooms. We have taken over the diggers and dinosaurs to the allotment and our mud kitchen is on its way. We have rhubarb and potatoes for any family that would like to come and pick them.

We have been focusing on school readiness and getting the caterpillars ready to move up to Butterflies. On moving on day, Wednesday 6th, some of our children will be taken by their parents to the school at 9am, we will take the Early Birds, and we will pick the children up at 10am if it is their nursery day. The Caterpillars will have a play in the Butterfly end and we are looking forward to welcoming some of our September starters in for a play also between 9-10

Summer Holidays Play Dates

School have told us that we cannot use nursery over the summer holidays to hold any stay and play sessions as deep cleans will be happening. However, please tell us if you would be interested in getting together in one of our fabulous Eastbourne parks or at the allotment over the summer and we can arrange 2 or 3 dates to do this.

Lunchbox ideas and fussy eaters

We have been cooking lots this term. We will be talking about lunch box ideas, to include fussy eaters, at the beginning of the new school year.

Clare, St Thomas a Becket Nursery Lead.
July 2022